City, State Zip Code • 619-260-4654 • name@sandiego.edu

## **EDUCATION**

**Bachelor of Arts in Sociology**, May 2020, Minors in Biology and Psychology University of San Diego, San Diego, CA

- Cumulative GPA: 3.68/4.00, Science GPA: 3.87/4.00
- Academic Highlights: Dean's List (four semesters); Presidential Merit Scholarship
- Relevant Coursework: Microbiology & Lab; Genetics; Cell Physiology & Lab; Organic Chemistry I & II & Labs; Abnormal Psychology; Anatomy & Physiology I & II & Labs; Biochemistry



UC San Diego Medical Center, San Diego, CA Neurosurgery Department Aug. 2019 - Present

(40 hours)

• Volunteer under the supervision of the head nurse, talk with patients, stock shelves, and assist nurses

Occupational Therapy (Rehab) Department

(30 hours)

• Volunteer, observing patient/doctor relations, discussing potential treatment options, following scheduled appointments

Scripps Mercy Hospital, San Diego, CA Dr. Michael A. Ram, M.D., General Surgeon

May 2017 - Dec. 2019

• Shadowed Dr. Ram in the operating room, at his office hours and doing rounds on hospital floors

(120 hours)

- Listened to patients' heartbeats, gastrointestinal sounds, and checked vitals; read patient charts and wrote common orders for the nurses on the floor
- Learned common sterility procedures, how to scrub into cases, and how to read radiographic images in the operating room
- Observed a Nissen procedure, hernia repairs, a cholecystectomy, mastectomies, nephrectomies, and multiple laparoscopic surgeries

## LEADERSHIP EXPERIENCE

American Medical Student Association, USD, San Diego, CA Social Chair

Aug. 2018 - Jan. 2019

- Developed mentoring program to match undergraduate members with graduate students for additional support
- Organized multiple local fundraising efforts, promoting health issues like Breast Cancer Awareness
- Advertised and promoted the organization, quickly growing group to over 50 members in one semester

Member, Phi Beta Kappa National Honor Society, USD, San Diego, CA Member, Phi Delta Epsilon Pre-Medical Fraternity, USD, San Diego, CA Jan. 2019 - Present

Jan. 2018 - Present

## **VOLUNTEER EXPERIENCE**



Crawford High School Mentor Program, San Diego, CA Mentor Jan. 2019 - Present (200 hours)

- Help three 10<sup>th</sup> grade students explore health care fields and identify their career interests (six hours/week)
- Effectively build rapport to establish a trusting relationship and environment to discuss student concerns

University of San Diego Medical Brigades, San Diego, CA *Volunteer* 

Summer 2018 (60 hours)

- Provided primary health care to underprivileged children in Honduras focusing on nutrition and immunizations
- Attended training sessions on Honduras and health clinics to intentionally serve the local community
- Facilitated electronic medical record charting for 200+ patients per day applying a strong attention to detail

## **SKILLS**

- Language: Bilingual in English and Arabic, able to transcribe and translate medical information
- Computer: Microsoft Office programs; Noldus; SPSS and academic search databases including MEDLINE/PubMed, ERIC, JSTORE, EBSCO, PsychINFO and Mergent

IMPORTANT NOTES



List both your cumulative and science GPA.



For your medical and volunteer experience, include the number of hours.



If you have further questions on pre-health topics, make an appointment with USD's pre-health advisor on Handshake.